

CGPS Curriculum - Subject Knowledge Overview 'PE Passport'

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Locomotion 1	Fine Motor skills	Stability 1	+	+	+
	Personal Challenges	Gymnastics - Parts High & Parts Low	Gymnastics - Travelling, Stopping, and Making Shapes	+	Athletics 1	+
Reception	Locomotion 2	Fundamental Movement Skills 1	Invasion Game Skills 1	Target Games 1	Net & Wall Game Skills 1	Striking & Fielding Game Skills 1
	Personal Challenges	Gym - Rocking & Rolling	Gymnastics - Flight - Bouncing, Jumping & Landing	Object Control 1	Athletics 1	Target Games 1
Year One	Locomotion 2	Fundamental Movement Skills 2	Invasion Game Skills 2	Target Games 2	Net & Wall Game Skills 1	Striking & Fielding Game Skills 1
	Personal Challenges	Gymnastics - Balancing & spinning on Points & Patches	Gymnastics - Wide, narrow & curled rolling & balancing	Object Control 2	Athletics 2	Target Games 2
Year Two	+	Fundamental Movement Skills 3	Invasion Game Skills 2	Target Games 3	Net & Wall Game Skills 2	Striking & Field Game Skills 2
	Personal Challenges	Gymnastics - Spinning, turning & twisting	Gymnastics - Stretching, curling & arching	+	Athletics 2	Target Games 3
Year Three	Football	Netball	Hockey	Tag Rugby	Badminton	Rounders
	Personal Challenges	Basketball	Gymnastics Year 3	+	Athletics 3	Tri Golf

Year Four	Football	Netball	Hockey	Tag Rugby	Tennis	Cricket
	Personal Challenges	Handball	Gymnastics Year 4	+	Athletics 4	Flag Football
Year Five	Football	Netball	Hockey	Tag Rugby	Badminton	Rounders
	Personal Challenges	Dodgeball	Gymnastics Year 5	Swimming	Athletics 5	Ultimate Frisbee
Year Six	Football	Netball	Hockey	Tag Rugby	Tennis	Cricket
	Personal Challenges	Volleyball	Gymnastics - Flight	+	Athletics 6	Lacrosse